

PLAY SQUASH

Do something different this summer and learn a new sport!

This summer we're offering squash taster courses for anyone aged between 14 - 25

Run by an England Squash & Racketball qualified coach, we've got six sessions available during the summer.

We'll teach you all the basics from how to hold the racquet - to how to hit a winning volley - You can come to as many sessions as you like or can make!

**31st July, 1st August & 2nd August
11.00am - 12 noon.**

**Monday 13th & Tuesday 14th,
Wednesday 15th August 7.00pm - 8.00pm**

At Trent Vale Squash Club, South Road,
Beeston Rylands. Beeston. NG9 1LY.

**Only £2.00 per session
or £10.00 for all six!**

There's no need to book!
**Simply turn up for any session
ready to run around!**

trent vale squash club

in Beeston Rylands

Email: squash@trentvale.org.uk or call
Louise on 07917 402 388 for more information
Website: www.trentvale.org.uk

