

Beginners Squash Course

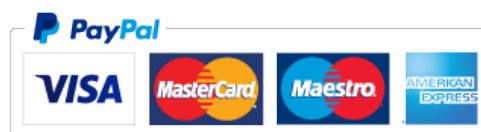


Trent Vale Squash Club - Wednesday nights
7pm to 8pm - £40 paid in advance
(Start date 7th December depending on bookings)

Six week course covering all the basics of squash. You will learn all the basic shots, service and return.
Basic tactics and rules including scoring.
The course is suitable for the absolute beginner who has never played before or those just starting out and have played a little but want to learn and understand the basics.

***Coaching given by Howard Clark
level 3 advanced squash coach***

For more information and book
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Email: office@howardclarkcoaching.co.uk
You can also book online at:
www.howardclarkcoaching.co.uk



Howard Clark
Coaching

